



COLONEL CRAWFORD SWIM TEAM

2021-2022 Recreation Team Packet

Registration will begin on **July 26th** for our returning athletes and on **August 1st** for our new swimmers. All registrations will occur online through the website: www.ccsteagles.com. If you need assistance with registration, please just let us know. We are happy to help! We must have a minimum of 5 swimmers on the rec team to have this option and a max of 15 swimmers.

If you have questions, please contact Head Coach Mike Holtzapfel at ccswimmers.com. We look forward to seeing you in the pool!

Recreational Team Practice Schedule

Sept. 7- Oct. 14	Attend TWO practices per week at the following time: <i>Tuesday & Thursday 6:30-7:30.</i> (Practice times subject to change due to school schedules.)
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All practices are held at the Colonel Crawford High School Natatorium.

Session Dates & Pricing Structure

Registration Fees and Practice Costs:

- The Recreational Group is set up as a 6-week session. If interest, we may add another session in January. We must have a minimum of 5 swimmers to have this Rec Team option.
- Registration must be completed and the registration fee and practice cost must be paid BEFORE you may start coming to practice.
- If you miss the registration deadline and wish to swim, please contact Head Coach Mike.
- **Registration Fee:** There is a **one-time** registration fee of \$20. This fee is only assessed once when signing up for your first session. This price includes a USA swimming FLEX membership and covers insurance. The FLEX membership is good thru December 2022. With a FLEX membership you may compete in two USA meets (entry fees extra) but no championship meets.
- The Rec Team is not available to swimmers competing on the Y team as you will be an “attached” USA swimmer with CCST.
- This registration fee, plus your practice costs (below,) are due the first time you sign up for a session.

Registration Fee Deadlines:

Session Dates	Registration Opens:	Registration Deadline <i>On this date, IF registration is still open, a \$10 late fee will be assessed.</i>
Fall: September 7- October 14	August 1 st .	September 10

Practice Costs:

Practice costs include all practices for the 6-week session.

Rec Team	Practice Length: two – one hour sessions per week.	Cost per 6 week session: \$40.00
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Competitive or Recreational Team?

Questions about competitive or recreational should be directed to Head Coach Mike at ccswimmers.com.

Equipment and Team Apparel Requirements for Rec Team

Apparel

- The only REQUIRED apparel for the Rec teams is the team cap. Swimmers are REQUIRED to wear the team cap at meets.
- 'Competitive swim suit. *All females must wear a one-piece suit to practice.

Equipment

- CC supplies kickboards. If you'd like to purchase your own fins, paddles, etc., please see coach for recommendations

Team Cap	Water Bottle	Fins (Long or Short)	Kick board	Paddles	SNORKEL
X Available for \$12.00.	x	Team has some available	Provided	Team has some available.	Optional

Time Trial Meets

We will offer time trials once each session.

Upgrade

If you would like to join the competition team at the conclusion of the six week session, fees will be prorated. You must also upgrade your USA membership to the Premium membership which includes insurance and unlimited USA meets through December 2022.