

## **CCSST SWIMMING AND TEAM TRAINING GUIDELINES/WAIVER**

***Please Make A Copy And Turn In Before Athlete Participates***

- 1. Please arrive at the pool dressed and prepared to swim. Restrooms are not available except for one in, one out procedures for emergency use only.**
- 2. After entering the facility, please go directly to your reserved/designated lane. After practice, swimmers are to dry off, then immediately exit the building.**
- 3. Swimmers will only be allowed to enter the facility at their designated swim time (no more than 5 min prior to start of practice).**
- 4. These procedures must be adhered to at all times in order for CCSST to operate safely and within the County and State Health Department guidelines for mandated social distancing practices.**
- 5. Anyone not following within these guidelines will be asked to leave immediately.**
- 6. By signing this agreement, I have read and understand the Return To Pool Letter and acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my family, including child(ren), and I may be exposed to or infected by COVID-19 while on site at the pool and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the pool may result from the actions, omissions, or negligence of myself and others, including, but not limited to, the CCSST Board/Coaches and Colonel Crawford School District. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, my family and my child(ren) may experience or incur in connection with my child(ren)'s attendance at the pool or participation in pool activities ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the CCSST Board/Coaches and the Colonel Crawford School District of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the CCSST Board/ Coaches and the Colonel Crawford School District whether a COVID- 19 infection occurs before, during, or after participation in pool facility activities.*

Parent Name (printed): \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Today's Date: \_\_\_\_\_